

# What can I do with my Major?



## INDIVIDUALIZED

### UCONN DEPARTMENT: Individualized & Interdisciplinary Studies Program

To learn more about this major check out the department website or schedule a meeting with an academic advisor.

#### OVERVIEW

*According to the department website:*

If the issues and questions that most interest you are not adequately addressed by a single disciplinary approach, but require methods and knowledge from a variety of disciplines, an individualized major may fit your needs. The individualized major is a structured, interdisciplinary plan of study that draws from at least two departments (typically three or four) in the University.

An individualized major is a self-designed, interdisciplinary major that allows you to create a program of study to fit your own specific interests. It is particularly appropriate if your interests cross disciplinary boundaries and are not met by an existing major at the University of Connecticut. Some of the more common themes have been: international studies, health studies, criminal studies, film studies, and neuroscience. Some of the unique majors have been: environmental writing, social interaction and new media, and information ethics.

An individualized major is a structured plan of study that incorporates at least 36 credits of courses at the 2000-level or higher, is thematically focused, draws from at least two academic departments, and often includes an internship, research, or study abroad. It concludes with a final capstone project.

The Individualized Major Program is available to undergraduates in the University of Connecticut's College of Liberal Arts & Sciences or College of Agriculture, Health, and Natural Resources. Acceptance into the Program is based on submission of a formal proposal, for approval by the Individualized Major Advisory and Admissions Committee.

An individualized major prepares graduates with transferable skills and qualities that can be beneficial in a variety of industries and careers.

A liberal arts and sciences education develops critical thinking, written and oral communication, versatility and problem solving skills, which are valuable in any career and will help students adapt to an ever-changing world.

### NATURE OF WORK AND SAMPLE JOB TITLES

Visit [O\\*Net](#) and conduct an *Occupation Quick Search* of each job title to learn more about that career path.

To learn about potential career opportunities, check out the different *What Can I do With my Major* pages for the various majors that you are taking classes in.

### UCONN RESOURCES

Organizations (and the most current information) can be found at the [UConn Student Activities Website](#).

### PROFESSIONAL ASSOCIATIONS & ADDITIONAL RESOURCES

Professional Associations are a great way to learn about industry trends and build your professional connections. Most organizations will offer a significantly reduced rate for student members.