



## *What can I do with my Major?*

# INDIVIDUALIZED MAJOR

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### UCONN RESOURCES

[College of Liberal Arts and Sciences](#)  
[College of Agriculture, Health and  
Natural Resources](#)  
[Individualized Major Advisory and  
Admissions Committee](#)

### OVERVIEW OF MAJOR

If the issues and questions that most interest you are not adequately addressed by a single disciplinary approach, but require methods and knowledge from a variety of disciplines, an individualized major may fit your needs. The individualized major is a structured, interdisciplinary plan of study that draws from at least two departments (typically three or four) in the University. An individualized major is a self-designed, interdisciplinary major that allows you to create a program of study to fit your own specific interests. It is particularly appropriate if your interests cross disciplinary boundaries and are not met by an existing major at the University of Connecticut. The Individualized Major (IMJR) Program was established in 1974; since then more than 1,900 students have graduated with a self-designed major. Some of the more common themes have been: international studies, health studies, criminal studies, film studies, and neuroscience. Some of the unique majors have been: environmental writing, social interaction and new media, and information ethics.

An individualized major is a structured plan of study that incorporates at least 36 credits of courses at the 2000-level or higher, is thematically focused, draws from at least two academic departments, and often includes an internship, research, or study abroad. It concludes with a final capstone project. The Individualized Major Program is available to undergraduates in the University of Connecticut's College of Liberal Arts & Sciences or College of Agriculture, Health, and Natural Resources. Acceptance into the Program is based on submission of a formal proposal, for approval by the Individualized Major Advisory and Admissions Committee.

### NATURE OF WORK

Employers and graduate schools look for particular skills and qualities:

- Strong written and verbal communication skills
  - Ability to think critically and process new information
  - Desire and ability to take initiative
  - Ability to interact effectively with others.
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