



What can I do with my Major?

DIETETICS

SAMPLE JOB TITLES

Visit [O*Net](#) and conduct an *Occupation Quick Search* of each job title to learn more about that career path.

[Health Specialties Teacher, Postsecondary](#)
[Dietetic Educator](#)
[Dietetic Technician](#)
[Community Dietitian](#)
[Dietitians and Nutritionists](#)
[Dietetic Aide](#)
[Dietary Manager](#)
[Dietetic Technician](#)
[Dietetic Clerk](#)
[Research Dietitian](#)
[Administrative Dietitian](#)
[Clinical Dietitian](#)

UCONN RESOURCES

[Department of Allied Health Sciences](#)
[Controlled Release Society](#)
[Alpha Zeta](#)

OTHER RESOURCES

[American Dietetic Association](#)
[Dietician Central](#)

OVERVIEW OF MAJOR

The Coordinated Program in Dietetics combines the theory learned in the classroom with supervised practice in community, clinical, and food service sites off campus. This prepares students for the National Registered Dietitian Examination, which is taken upon graduation and is required of students in order to become registered dietitians. The Dietetics program is accredited by the Commission on Accreditation/Approval for Dietetics Education of the American Dietetic Association. Each undergraduate student completes more than 900 hours of supervised practice prior to graduation.

In the Dietetics program, gaining experience in the field is required. It is important to participate in as much supervised practice as possible through the Coordinated Program and/or dietetic internships. Becoming involved in a wide range of organizations is essential to be successful as a dietitian. Also, interviewing current dietitians can help students learn more about the profession prior to pursuing a career.

NATURE OF WORK

Dietitians are food specialists who are responsible for nutritional care and food service. They assess nutritional needs, prepare individualized dietary plans, provide counseling, and evaluate nutritional care for individuals and groups. They help people make smart food choices to keep them healthy; advise doctors and nurses regarding nutrition; teach people about the importance of good nutrition and healthful food choices; manage food service businesses; and supervise people who prepare and serve food. They are responsible for promoting good health and proper eating.

